



BREAKFAST at the Sunglow

7:00 am-11:30 am

Eggs and Things

Wayne County Basic

Two farm fresh eggs served with hash browns and your choice of Texas Smoked Bacon, Ham Steak or sausage patties. Buttered toast and jelly. \$6.99

Two Eggs Any Style

Two eggs, any style, hash browns, buttered toast and jelly. \$4.99

The Boulder Mountain

Three eggs, any style served with 2 slices of Texas Smoked Bacon, 2 sausage patties, hash browns and two buttermilk pancakes. \$7.99

Biscuits and Gravy

Two flaky buttermilk biscuits, made fresh daily smothered in our creamy peppered gravy with sausage chunks. \$4.99

Sunglow House Specialties

Chicken Fried Steak & Eggs

Angus cube steak golden fried in our crunchy breading and smothered in our creamy peppered gravy. Served with two eggs any style, golden hash browns, buttered toast and jelly. \$7.99

Tortilla Scrambler

Two flour tortillas stuffed with fluffy scrambled eggs, hickory smoked ham, Monterey Jack and cheddar cheese. Served with Sunglow Salsa. \$6.99

Sunglow Skillet

Two eggs, any style served on top of a mountain of hash browns and smothered with our famous chile verde. Served with Sunglow Salsa. \$7.99





Three Egg Omelets

Omelets are served with golden grilled hash browns, buttered toast and jelly

The Sunglow

Three eggs, Monterey jack and cheddar cheese smothered in our chile verde and served with Sunglow Salsa. \$7.99

Ham & Cheese

Hickory ham, Monterey jack and cheddar cheese. The classic favorite. \$7.99

The Western

Diced ham, bell peppers, onions and cheese. \$7.99

Just Cheese

Just like it sounds...Monterey jack and cheddar cheese. \$6.99

From Our Griddle

Buttermilk Pancakes

Large and fluffy buttermilk pancakes, golden grilled and served with whipped butter and maple or boysenberry syrup.

Full Stack \$4.99

Short Stack \$3.99

Pancake Breakfast

Two pancakes, two eggs and your choice of meat \$6.99

French Toast

Three slices of thick Texas toast, egg dipped and perfectly grilled. Served with whipped butter, maple or boysenberry syrup. \$4.99

Add a side of bacon, sausage or ham. \$2.49

Sunglow Scones & Honey Butter

Three fluffy golden scones served with honey butter. \$2.99



Sides & Extras

Texas Smoked Bacon \$2.99

Hickory Ham \$2.99

Sausage Patties \$2.99

One egg \$1.49

Two eggs \$1.99

One biscuit and gravy \$2.49

Hash browns \$2.49

Country Gravy \$.99

Hot or Cold Cereal \$2.99

Toast \$1.99

Beverages

Coffee or De-caf \$1.59

Hot Tea \$1.59

Hot Cocoa & Cappuccino \$2.49

Bottomless Soda \$2.49

Orange Juice \$2.99

Milk \$2.49

Chocolate Milk \$2.49

Sunglow Family Restaurant

Lunch & Dinner Menu



Home of the
famous pickle &
pinto bean pies!

91 East Main • Bicknell, Utah 84715

435-425-3701

www.sunglowpies.com

Sunglow Lunch Entrees

All entrees served with choice of a dinner salad or a cup of soup

Chicken Fried Steak

Choice Angus cube steak fried in our crispy coating and smothered in peppered gravy. Served with mashed potatoes and veggies. \$7.99

Chicken Strips

Chicken breast tenderloins in a hearty southern style breading and golden fried. Served with ranch dip and your choice of mashed potatoes & gravy or French fries. \$7.99

Sunglow Burgers

Our hamburgers start with 1/4 pound 100% beef patties lightly seasoned and grilled. Garnished with lettuce, tomato, onion and pickle. Served with French Fries. Substitute a dinner salad for \$1.49

Hamburger \$5.99

All beef patty served on a fresh bakery bun.

Add cheese .50

Add bacon .75

Add avocado 1.99

Add extra patty \$1.95

Substitute veggie burger (no charge)

Sunglow Burger

Six ounces of lean ground beef mixed with chopped jalapeno peppers and cheddar cheese, grilled and topped with American cheese. Served on a fresh bakery bun with chipotle sauce. \$6.99

Bicknell Burger

Two 1/4 pound all beef patties with Swiss and American cheese served on a fresh bakery bun. Served with French fries and salad. \$8.59

Fish and Chips

Atlantic cod filets, batter dipped and fried crisp. Served with English chips, tartar sauce and lemon wedge. \$7.99

On the South Side The Best Mexican Food North of the Rio Grande!

All entrees served with our Spanish rice and refried beans.

Smothered Burrito

We take a large flour tortilla and stuff it full of our slow cooked chili verde, cover it with more chili verde, melted Monterey jack and cheddar cheese. Served with Sunglow salsa, sour cream, and shredded lettuce. \$7.59

Make it a double! Add \$2.79

Chimichanga

Large flour tortilla stuffed with our chili verde and fried crisp. Top it off with chili verde sauce, melted Monterey jack and cheddar cheese. Served with Sunglow salsa, sour cream and shredded lettuce. \$7.59

Make it a double! Add \$2.79

Chili Verde

Tender chunks of pork slow cooked in our green chili sauce and south of the border seasonings. Served in a bowl and topped with Monterey jack and cheddar cheese. Flour tortillas on the side. \$5.99

Tostada

A crisp flour tortilla covered with refried beans and your choice of seasoned ground beef, chili verde or grilled chicken. Top it off with, shredded lettuce, Sunglow salsa, sour cream, shredded cheddar and Monterey jack cheese. \$7.59

Chips & Salsa \$2.99

With any South Side entrée ~ \$1.79

Grilled Chicken Breast

Juicy, boneless, skinless chicken breast seasoned and grilled to perfection. Served with veggies and your choice of mashed potatoes & gravy or French fries. \$7.59

Hot Beef or Burger

Your choice of sliced lean roast beef or hamburger patty served open face on white bread with mashed potatoes and smothered in our rich brown gravy. Served with veggies. \$7.59

Hot Sandwiches

All selections include French fries. Substitute a dinner salad for 1.49
Add Cheese to any sandwich - .50
Add Avocado - 1.99

French Dip

Thin sliced, lean roast beef piled high on a toasted hoagie roll. Served with Au Jus. \$6.59

Chicken Breast

Boneless, skinless chicken breast, lightly seasoned and grilled. Served on a toasted bun with lettuce and tomato. \$6.59

Crispy Chicken

Chicken breast filet golden fried in our country style breading. Served on a fresh bakery bun with lettuce and tomato. \$6.59

Fish Sandwich

Golden fried cod filets served on a toasted bun with shredded lettuce and tartar sauce. \$6.99

Philly Steak

Lean roast beef, peppers and onions with melted Swiss cheese on a toasted hoagie roll. \$6.99



Cold Sandwiches

Served with French fries. Substitute a dinner salad for \$1.49. Add Cheese to any Sandwich - .50 , Add Avocado - .99

Deli Sandwiches

Thin sliced deli ham, turkey breast or roast beef piled high on your choice of honey white or whole grain wheat with lettuce and tomato.

\$5.99

The BLT

Four slices of Texas smoked bacon, crisp iceberg lettuce and sliced ripe tomatoes on your choice of white or wheat.

\$5.99

The Sunglow Club

Thin sliced ham, turkey breast, Texas smoked bacon, Swiss and American cheese with lettuce and tomato stacked on three slices of toasted bread. \$7.59

Sunglow Salads

Your salad selection is served with your choice of 1000 island, fat-free raspberry vinaigrette, French, ranch, Italian or blue cheese dressing.

Taco Salad

Crisp greens and grape tomatoes topped with our seasoned taco meat, shredded cheddar and Monterey jack cheese. Served in a crisp flour tortilla bowl with Sunglow salsa and sour cream. \$7.59

Crispy Chicken Salad

Crisp iceberg and romaine lettuce topped with a sliced golden fried chicken breast. Garnished with carrot, cottage cheese, cucumber slices, pickled beets, grape tomatoes, shredded cheddar and Monterey jack cheese.

\$7.59

Grilled Chicken Salad

Crisp greens topped with slices of our seasoned grilled chicken breast. Garnished with cucumber slices, carrot, pickled beets, cottage cheese and grape tomatoes. Top it off with shredded Monterey jack and cheddar cheese. \$7.59

Sunglow Dinner Entrees

All entrees served with scone & honey butter, veggies, your choice of baked potato, mashed potatoes or french fries. Also includes your choice of a dinner salad or a cup of soup.

Grilled chicken Breast

Tender, juicy chicken breast, seasoned and grilled to perfection. \$12.99

Chicken Fried Steak

Tender cube steak golden fried in our seasoned breading and served with country gravy. \$12.99

Ground Round

A full half pound of fresh ground beef, seasoned and grilled. Topped with grilled onions and brown gravy. \$9.99

Jumbo Shrimp

Five jumbo fantail shrimp fried in our crunchy breading and served with cocktail sauce. \$15.99

Halibut Steak

Alaskan halibut steak, lightly seasoned and grilled. Basted with sweet chili sauce. Served with tartar sauce and lemon. 6 oz \$15.99

Steak Dinners

All of our steaks are USDA Choice, hand-cut, seasoned and cooked to your desire

Ribeye

Flavorful and juicy, from the center of the prime rib.
10 oz \$16.99
14 oz \$18.99

Sirloin

Center cut from the sirloin, seasoned and grilled.
8 oz \$13.99

Surf & Turf

Add three jumbo shrimp to any steak. \$4.99

Drinks

Pepsi & Coke products, Fruit Punch, Lemonade - \$2.39
Coffee/Hot Tea - \$1.59/Hot Chocolate/Cappuccino - \$2.49
Iced Tea - \$1.99
Raspberry Lemonade - \$2.49
Milk - \$2.39

Sides

Dinner Salad \$2.79
Baked Potato \$1.79
Mashed Potato \$1.59
Small Fry \$1.29
Large Fry \$1.79
Cup of soup \$1.59
Bowl of Soup \$2.99
Scones & honey butter \$2.99
Extra Sauces \$1.25

The Story of Our Pies...

The history of our famous pickle and pinto bean pies originated several decades ago. Previous owners of the Sunglow Family Restaurant came across the pickle pie recipe in a magazine. After they altered the ingredients and added a touch of their own, they had the pickle pie you can now enjoy today.

The new recipe was a hit, people traveled from all around to try it. A group of motorcycle riders from Salt Lake City were especially fond of the new pie. They often took a

Sunday afternoon ride just to have a slice. It was this group of riders that inspired pinto bean pie.

The only way to acquire the secret, pickle pie recipe was to bargain with a secret recipe of their own.

Today the restaurant still serves both pickle and pinto bean pie along with many other delicious favorites. These include, warm oatmeal pie, buttermilk pie, pecan

pie and banana, chocolate and coconut cream. Try a slice, you will be amazed!



Pickle Pie

An unusual Blend of Sweet pickles and Spices makes this an amazing dessert!



Buttermilk Pie

A lemon Custard pie!



Oatmeal Pie

Similar to an Oatmeal Cookie!



Pinto Bean Pie

Yes, It is made with real pinto beans! You have to try it!



Sunglow Sampler

Half slices of pickle, pinto bean, oatmeal and buttermilk pies. This is the way to go!

Sunglow Pies

Pies to die for. You must try them to believe them!

Apple Pie
Pecan Pie

Coconut Cream Pie
Banana Cream Pie
Chocolate Cream Pie

\$3.29 Per slice

Ala Mode Add \$1.29

Sunglow Pie Sampler

\$6.95

Whole Pies \$8.95



Kids Meals

For Kids Under 12. Served with fries.



Mini Corn Dogs

Bite-sized corn dogs.
Kids favorite!

\$4.29



Chicken Strips

Southern fried chicken
tenderloin fritters. Ranch dip.

\$4.59



Grilled Cheese

Old fashioned grilled cheese
sandwich.

\$4.29



Burger Juniors

Two kid-sized mini hamburgers

\$4.59



Pizza Stick

Pocket style pepperoni
pizza stick

\$4.29

Drinks

Diet Pepsi, Pepsi, Mt Dew,
Dr. Pepper, Rt. Beer,
Sierra Mist, Diet Coke, Col
Fruit Punch
Lemonade
Milk

\$1.29



Dessert

Pinto Bean Pie

\$3.29

Pickle Pie

\$3.29

Apple Pie

\$3.29

Coconut Cream Pie

\$3.29

Chocolate Cream Pie

\$3.29

Ice Cream Cone/Cup

\$1.29

Wanna Try Some
Pie? How About
Pickle or Bean
Pie?

